



SAahas DISABILITY RESEARCH AND CARE FOUNDATION, KOLHAPUR

साहस डिसएबिलिटी रिसर्च अँड केअर फाऊंडेशन, कोल्हापूर

ANNUAL REPORT FY 2021-22

WORKING FOR HOLISTIC REHABILITATION
OF PERSONS WITH DISABILITIES

Believe.....Become

रामचंद्र वालाजी वाघमाडे
साहसच्या वसतीगृहात प्रशिक्षण
घेणारा पहिला पॅराप्लेजिक



व्हिलचेअर साहस
फाऊंडेशनने दिली.



बेडवर स्वतः उठुन
वसायला शिकले.



बेडवरून व्हिलचेअरवर
स्वतः उठुन वसायला
शिकले.



संस्थेच्या
कामात व्यस्त



FIRST BENEFICIARY OF 'SAahas' AT 'ANKUR'. HE WAS FULLY REHABILITATED AND WENT HOME



“Ankur” Residential Vocational Training Center, at Nandni, Jaisingpur, a collaboration between Saahas Disability Research and Care Foundation, Kolhapur and Shirol Taluka Apang Punarvasan va Aarthik Sahaaya Sanstha, Jaisingpur was inaugurated by Hon. Shri Chandrakantdada Patil, Ex-Minister for Public Works and State President, Bharatiya Janata Party on 1 February 2022.



Inaugural Function of **“Ankur”** Residential Vocational Training Center. From left Shri Bajrang Gangadhar (Zonal Officer, ICICI Bank), Shri Sachin Zhanvar, Shri Annasaheb Chakote, Hon. Shri Chandrakantdada Patil, Shri Abhishek Mohite, Shri Tej Ghatge, and Shri Adgonda Patil, President of Shirol Taluka Apang Punarvasan va Aarthik Sahaaya Sanstha, Jaisingpur.



SAAHAS DISABILITY RESEARCH AND CARE FOUNDATION, KOLHAPUR

Regd. Office:C/o. Mr. Aziz Hurzuk, 'Nasheman', 235 / 11 E, Tarabai Park, Kolhapur-416003

Admin. Office:C/o. Mr. Sataram Patil,267 / 77B, Sundersingh Co-op Hsg Society, Ltd.,
Shanti Nagar (East), Uchgaon, Tal: Karveer, Dist: Kolhapur-416 005

Tel: Dr. Naseema Hurzuk – 9822090898; Mr. Sataram Patil –9423044498

ANNUAL REPORT FY 2021-22

REGISTRATION DETAILS :

Under Societies Reg. Act 1860: Kolhapur / 0000463 / 2020 dated 3 December 2020

Unique Registration Number Under
Section 12 A of IT Act 1861: ABATS8107RE20206 dated 27 May 2021

Unique Registration Number for
Income Tax Exemption u/s 80-G: ABATS8107RF20215, Dated 24-9-2021

NITI Ayog NGO Darpan Unique ID: MH/2021/0272245

PAN Number: ABATS8107R

UDYAM Aadhar: UDYAM-MH-15-0021118

MANAGING COMMITTEE



Dr. Miss Naseema Mohamad Amin Hurzuk – President
Founder-President Helpers of the Handicapped, Kolhapur (1984-2020),
Social Worker, Writer, Human Rights Activist



Mr. Abhishek Mohite – Vice President
Industrialist
Director, Mohite Group of Industries



Mr. Tej Satish Ghatge – Secretary
Industrialist – Businessman
Managing Director, Ghatge Group of Industries



Mr. Aziz M.A. Hurzuk – Treasurer
Social Worker



Mr. Sataram Gavadu Patil – Trustee
Social Worker



Mr. Jaiprakash Kabra – Trustee
Corporate Trainer



Mr. Aashqin Ajarekar – Trustee
Businessman, Social Worker



Mrs. Bharti Mukesh Dalal – Trustee
Social Worker



Adv. Nakul Ganu Parsekar – Trustee
Advocate, Social Worker
President – Atal Pratishthan, Sawantwadi, Sindhudurg



Mr. Sudhir Patil – Trustee
Businessman
Proprietor – Atlantis



Mr. Bhartkumar Shah – Trustee
Businessman
Partner – Shah Babulal Hargovandas & Company



ADVISORY COMMITTEE

Mr. Etibar Shah Rahim Khan	Educationist, Social Worker
Dr. Mohan S. Gune	Medical Practitioner
Mr. Suresh Shipurkar	Social Worker
Dr. Padmaraj Patil	Orthopaedic Surgeon
CA Krushnat Patil	Chartered Accountant
Mr. Anil Patil	Civil Engineer
Mr. Hindurao Patil	Civil Engineer
Mr. Madan Kulkarni	Industrialist
CS Amar Patil	Company Secretary
CA Amol Madiwal	Chartered Accountant

Organizing Committee

Mr. Baba Walawalkar, Anam Prem	Dr. Yogesh Navangul
Dr. Gauri Ganpatye	Dr. D. B. Khanolkar
Mr. Pramod Bhogate	Mrs. Kausar Sangrar
Mrs. Madhu Mahadev Patil	Dr. Muskan Nakade

Fund Raising Committee

Mr. Ayaz Sangrar	Dr. Dhruv Mehta	Mrs. Irshad Hurzuk
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Our Medical Support

Dr. Mohan Gune, Homeopath, Kolhapur.	Dr. Padmaraj Patil, MBBS, DNB (Ortho)
Dr. Numan Tunekar BUMS, D.H.A, Mumbai	Dr. P. G. Kulkarni, MS (Ortho), FCPS
Dr. Aniket Athale, Radiologist	Dr. Santosh Kulkarni, ENT, Soham Hospital
Dr. R. S. Patil MD (Path), Ambika Pathological, Laboratory, Kolhapur.	
Dr. Milind Wankhede, BDS (Bom), Mahalakshmi Dental Lasers & Implant Center	
Dr. Rahul Gune, FCPS, MNAS, DNB (URO), Nirmal Nursing Home, Laser & Lithotripsy Clinic	
Dr. Anagha Kulkarni, Gynaecologist & Obstetrician, Soham Hospital	
Dr. Sharad Shinde, Unchgaon	Dr. D. Y. Patil Hospital, Kolhapur.
Dr. Gauri Gurunath Ganpatye, MS (Ayu), OBGY, PGDD, Gynaecologist & Diet Consultant	

SAAHAS KI BAAT...



We are glad to share our report of activities for the financial year 2021-2022. We had earlier shared our report of activities for the eight months period from 3 December 2020 till 31st July 2021. As the last four months (April–July 2021) from the earlier report fall in the financial year 2021-22, there will be some overlapping of reporting. However, it is important to report those activities for the record and for information of new donors who had not received the earlier eight months activities report.

"Saahas" was registered on 3 December 2020 and officially launched on 16 January 2021. The aim of "Saahas" is to provide holistic rehabilitation services to Persons with Disabilities (PwD). These services include counselling and motivation, improving their mobility by giving them prosthetic legs, wheel chairs, callipers, crutches etc., by addressing their medical issues mainly treating their pressure sores (bed sores), providing professional physiotherapy, giving them vocational training, and employment. During Covid-19 pandemic we also provided food hampers to distressed PwD families. Our family and friends, on our request, transferred funds directly to 27 distressed families.

During the report period, our country was struggling with the Covid-19 pandemic. Like millions of our countrymen and students, we were also forced to work from our administrative office as it was not feasible to do field work. However, our staff created a network of PwD through Whatsapp groups and we were able to reach out to PwD in remotest villages all over Maharashtra. This enabled us to register 277 PwD since December 2020. till 31-3-2022.

We received 50 good quality wheel chairs from The Ganga Foundation, Chennai, courtesy of Late Mr. Vaidyanathan Sir. We added more wheel chairs and so far we have distributed 109 wheel chairs to the deserving PwD all over Maharashtra. We couriered the wheel chairs to their doorsteps by courier, courtesy of Tej Couriers owned by our Secretary Mr. Tej Ghatge.

We now have a residential vocational cum rehabilitation center in association with another NGO with similar objects of rehabilitation of the disabled. Read more about it inside.

We have included comments of a few of our beneficiaries. They have expressed how their quality of life substantially improved due to their interaction with 'Saahas'. Please do read these comments inside to appreciate the effectiveness of the work being done by "Saahas". Young men and women who suffered due to accident and were confined to their homes and beds are now becoming self-dependent, moving out in the world and enjoying fresh air, and sunshine and have regained their dignity which was severely diminished due to their disability.

To scale up our activities, we need to undertake a project for a residential care center for persons with severe disabilities where we can provide medical care and vocational training conducive to their employment. The project cost is estimated at Rs. 2.5 crores for a size that can accommodate 50 PwD. We look forward to you, our donors, to contribute generously for this project.

Due to efforts of our trustees, members, staff, doctors, and physiotherapists, and our valued donors, we are able to substantially improve the quality of life of hundreds of persons with disabilities. We are extremely grateful to all of them. Their success makes us happy and motivates us all to do even more.

We once again express our heartfelt gratitude for your encouragement and look forward to your continued support in future. Our Best Wishes to you and your family.



With Regards,
Naseema Hurzuk



प्रार्थना

इतनी शक्ति हमे देना दाता, मन का विश्वास कमजोर हो ना
हम चलें नेक रस्ते पे हम से, भूल कर भी कोई भूल हो ना

दूर अज्ञान के हो अंधेरे, तू हमे ज्ञान की रोशनी दे
हर बुराई से बच के रहे हम, जितनी भी दे भली जिंदगी दे
बैर हो ना किसी का किसी से, भावना मन में बदले की हो ना

हम ना सोचें हमे क्या मिला है, हम ये सोचे किया क्या है, अर्पण
फूल खुशियों के बाटें सभी को, सब का जीवन ही बन जाए मधुबन
अपनी करुणा का जल तू बहा के, कर दे पावन हर एक मन का कोना

A Prayer.....

O Lord, give us enough strength so that we do not lose our self confidence,
Let's walk the straight path and not make any mistakes even by chance

Let the darkness of ignorance be removed, with the Light of Knowledge
We may stay away from all evil, Give us a good life however long You choose
We may not harbour any ill-will towards anyone,
Neither have the intention of taking revenge,

Let's not think what we have received,
But think what we have given,

Let us distribute the fragrance of flowers to everyone,
So that the life of everyone becomes like a garden

Let your Mercy flow freely to Bless Every corner of our hearts
Let your Mercy flow freely to Bless Every corner of our hearts



Inauguration of 'Ankur' Residential Vocational Training Center for Persons with Disabilities :

Once the Covid-19 pandemic receded, we wanted to have a place where the PwD can stay and avail of all the services offered by 'Saahas'. We are glad to inform you that Shri Adgonda Patil, President of Shirol Taluka Apang Punarvasan va Aarthik Sahayya Sanstha, Jaysingpur and his committee, agreed to allow us the use of a building in Nandni village, Jaysingpur, which is very suitable for activities of PwD. After refurbishing the facility, we started providing rehabilitation services since 22 November 2021. This rehabilitation center is named 'Ankur' Rehabilitation and Vocational Training Center”.

The 'Ankur' Rehabilitation Center was officially inaugurated on 1 February 2022 by Hon. Shri Chandrakantdada Patil, ex-Minister for Public Works Department and Bharatiya Janata Party State President. Shri Annasaheb Chakote, Chairman of Chakote Group of Industries, Shri Sachin Zhanvar of Zhanvar Group and other dignitaries were present. A number of persons with disabilities, and people from Nandni and Jaysingpur, overall around 200 persons were present. Shri Chandrakantdada Patil spoke highly of Dr. Naseema Hurzuk and her work for the last four decades. Similarly Shri Annasaheb Chakote also praised the work being done and assured his support for employment of the disabled. Mr. Ayaz Sangrar presented the activities report before the audience and Mrs. Anuradha Taste conducted the program.

Survey and Registration of Persons with Disabilities:

On 9,10,11,12 November 2021, a Registration Camp was held in 'Ankur' A total of 18 disabled persons attended the camp.

On 27 November 2021, a Registration Camp was held in 'Ankur' for the disabled persons from the village Takawade. A total of 21 disabled persons attended the camp.

On 29 November 2021, a Registration Camp was held in 'Ankur' for the disabled from the village Jambhali. A total of 12 disabled persons attended the camp.

Tour of Satara District:

An extensive tour of Satara District was done from 6 Oct 2021 to 15 Oct 2021. During this tour Dr. Naseema Hurzuk, Shri Sataram Patil, and Smt. Madhutai Patil visited the following:

- Four residential rehabilitation centers out of which two are for the mentally challenged, one is for persons with paraplegia, and one for mentally challenged with co-morbidity.
- Home visits to two of the beneficiaries of 'Saahas'
- Interview with parents of 'Saahas' beneficiaries. Eight parents attended the interview.



'Saahas' officials participated in Handicapped Maha Melava in Pune. More than 250 disabled persons had assembled to discuss their issues. They were given guidance and motivation by Dr. Naseema Hurzuk. During this tour, Dr. Naseema Hurzuk and her associates met 450 persons out of which 336 were persons with disabilities

Dr. Naseema Hurzuk and officials visited 25 donors in Mumbai and Pune to apprise them of activities of 'Saahas'

SUMMARY OF ACTIVITIES (FY 2021-22) :

Figures as on 31 March 2022 :

Number of PwD registered	Male	202	Female	75	Total	277
Number of beneficiaries admitted	Male	14	Female	9	Total	23
Number of persons rehabilitated and went home	Male	9	Female	4	Total	13
Number of Staff Members	Male	3	Female	4	Total	7
Number of trainees	Male	11	Female	5	Total	16
Amount of donation received in Cash & kind	From 186 donors			Rs. 40,51,701		





DONATIONS IN KIND :

Name of Donor	Material donated	Quantity	Amount (Rs.)
The Ganga Foundation	Wheel Chairs	50	4,26,405
Mr. Abhishek Mohite	Office Files	200	5,000
Mr. Abhijit Hogade	Double Bed Sheets	10	2,000
Mr. Bharatkumar Shah	Medicines	Misc.	5,415
M/s.Tessitura Monti P. Ltd.	Cloth	75 Mtrs.	7,969
Dr. Numan Tungekar	Wheel Chair	1	10,000
Mrs. Kausar Ayaz Sangrar	New Canon Colour Printer	1	18,000
Dr. Sanjay Kinare	New Small Refrigerator	1	7,000
Dr. Sanjay Kinare	New Vacuum Cleaner	1	5,000
Mrs. Neha Vaidya	Used Refrigerator	1	7,000
Dr. Shobha Nallurwar	Used Ceiling Fans	6	6,000
Mr. Tej Satish Ghatge	Hospital Beds	10	55,000
Mr. Abhishek Mohite	Sewing Machines	2	30,000
Mr. Vasim Hurzuk	Rice	25 Kg.	1,250
Mr. Santram Sateja	Blankets	25	3,750
Mr. Avinash Wadikar	Cotton mattresses	10	7,000
Mr. Vasim Hurzuk	Bed Sheets (Chadar)	17	3,400
Mr. Aziz Hurzuk	Used LED Television	1	10,000
Mr. Kiran Pachare	Grocery	Misc.	1,670
			Rs.6,11,859



REHABILITATION OF THE DISABLED :

Description	Number of beneficiaries	Amount (Rs.)
Number of wheel chairs gifted to PwD	109	10,23,401
Other Appliances gifted to PwD	8	1,17,050
Medical Help given to PwD	9	1,59,397
Total Medical Aid and Appliances (A)	126	12,99,848
Educational Help given to PwD	11	22,000
Vocational Training Expenses		21,122
Rehabilitation Expenditure on PwD	23	6,52,568
Education, Vocational Training & Rehabilitation Expenses (B)	34	6,95,690
Grand Total (A+B)	160	19,95,538

Help Given Directly by Donors to the Beneficiaries :

Description	Number of beneficiaries	Amount (Rs.)
Help given to PwD for making disabled friendly modifications of homes and washrooms	3	2,03,385
Help given directly to PwD by donors during Covid-19 pandemic responding to our appeal	27	1,18,300
Amount given directly by donors to the beneficiaries	30	3,21,685

Total income	Rs. 41,22,368	
Total amount spent on relief and rehabilitation of PwD		Rs. 19,95,538
Administrative expenses (Salaries, electricity, vehicles etc.)		Rs. 7,08,390
Total Expenditure		Rs. 27,03,928

Balances as on 31 March 2022

FDs	Rs. 16,00,000	Bank	Rs. 1,05,839	Cash	Rs. 6,516	Total	Rs. 17,12,355
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Vocational Training :

Candle Making Project :

We procured moulds for making regular and decorative candles and raw material (wax and wicks) and trained a few disabled persons in making regular and decorative candles. These candles can be made by the disabled from their own homes. We are giving moulds and raw materials and also helping in marketing the candles made under 'Ujala' brand name.

Under this project, five disabled persons were given vocational training in making candles. Their names are Sachin Pimpare, Suresh Patil, Sagar Sutar, Ajit Bhaskar, and Akshay Bhaskar. They are now able to produce candles at their homes.

Stitching / Tailoring Project :

Three persons were given vocational training in stitching shopping bags and other small items. Their names are Govind Vadar, Suryakant Jamadar, and Nandini Patil.

Cooking and kitchen Management :

Vocational training in cooking and kitchen management was given to Meenakshi Sutar.

Wheel Chair Distribution:

On our request, The Ganga Foundation of Chennai donated fifty wheel chairs to us. Apart from the above 50 wheel chairs, "Saahas" has purchased 55 wheel chairs worth Rs. 1,75,500, and one wheel chair donated by Dr. Numan Tungekar were also distributed. Three commode wheel chairs were also distributed.

Due to Covid-19 travel restrictions, it would have been difficult and expensive for the beneficiaries living in far off small villages to come to Kolhapur to collect the wheel chairs. Our Secretary, Mr. Tej Ghatge, offered to deliver the wheel chairs to the door steps of the beneficiaries through his M/s. Tej Couriers without any charge to "Saahas".

Aids & Appliances other than Wheel Chairs:

Mr. Sajid Amir Khan Pathan, a disabled person from Pune, having a prosthetic leg and working as a bus driver, broke his prosthetic leg. Ottobock the German company quoted Rs. 50,000 for repairs and parts. We appealed to our friends and Dr. Moinuddin Mokhashi from Belgaum sponsored the repairs by donating Rs.50,000. We have paid Rs. 50,000 to Ottobock. Mr. Pathan is now able to resume his work with the state transport.

We provided a pair of crutches worth Rs. 1,800 to Mr. Suryakant Govind Khairmode of Satara and one elbow crutch worth Rs. 700 to Mr. Nitin Hanmant Shinde.

World Disabled Day Celebrated :

On 3 December 2021, World Disabled Day was celebrated. Due to Covid-19 pandemic restrictions, a small function was arranged in our Administrative Office at Mudshingi. Two wheel chairs were distributed at the hands of Dr. Sharad Shinde and Shri Rajabhau Mudshingikar.



On 4 December 2021, World Disabled Day was celebrated at 'Ankur'. Four wheel chairs were distributed at the hands of Dr. Suresh Patil, Dr. Neelam Patil, and Mr. Shridhar Patil.

Feed Your Friends Scheme :

Under Feed Your Friends Scheme we encourage people living in Nandni, Jaisingpur or anywhere else to sponsor meals for inmates of 'Ankur'. The donors can prepare food at our kitchen or donate raw materials. Alternatively, they can also give suitable amount in cash.

- On 19 March 2022 Mr. Kiran Pachare of Jaisingpur sponsored lunch for 'Ankur' inmates. He provided the required material and lunch was prepared at 'Ankur'.

- On 23 March 2022 Mr. Ashok Gosavi of Jaisingpur brought a special dinner exclusively made for inmates of 'Ankur'.

We are grateful to both donors for their generosity.

Assistance to the Disabled during Covid-19 pandemic :

Covid-19 pandemic had devastated millions of people worldwide. Soon after our official launch, Covid-19 started raging in our country. Like everyone else, the disabled also lost their meagre livelihoods. "Saahas" appealed to family and friends to support the disabled registered with "Saahas" at that time. We are glad to inform you that a total of 27 disabled families got direct transfer in their bank accounts from the donors to the tune of Rs. 1,18,300/-.

Production of informational videos :

Most of the disabled persons living in small villages are unaware of even the most basic hygiene practices that can reduce their suffering to a large extent. We have formed a Whatsapp Group of all the 277 disabled persons registered with us. On this group our own disabled volunteers make short videos on subjects like using a catheter, shifting from wheel chair to bed and vice versa, traveling by auto rickshaw, dressing of wounds etc. We also make instruction material and circulate on Whatsapp group. This has greatly helped in disseminating the information and alleviating the suffering of the disabled. Moreover, this group activity has created a sense of community amongst the group members.

Treatment of Pressure Sores (Bed Sores) :

A number of bed ridden disabled persons suffer from pressure sores (bed sores). These pressure sores are very painful and emotionally depressing. In fact, most of these pressure sores can be avoided by taking certain precautions. These can also be treated by certain medicines and hygienic practices.



We are fortunate to have received co-operation of Dr. Numan Tungekar, a specialist doctor from Mumbai. Dr. Tungekar has prescribed us certain ointments which can be applied to the pressure sores at home. Most of the disabled who are taking the treatment prescribed by Dr. Numan Tungekar are reporting encouraging results.

We are extremely grateful to Dr. Numan Tungekar for his cooperation in this effort.

Dr. Naseema Hurzuk received Mamta Award :

On the occasion of International Women's Day, 8 March 2022, Dr. Naseema Hurzuk was awarded "Ma Saheb Smt. Meenatai Thackray Mamta Puraskar" by Janeev Trust of Mumbai. In an impressive function held in Mumbai, the award was received by Smt. Madhutai Patil, an employee of 'Saahas' on behalf of Naseema Didi. Shri Arvind Sawant, Member of Parliament, highly praised the work done by Naseema Didi for rehabilitation of the disabled, in spite of her own severe disability.

The award consists of a citation and Rupees One Lakh and One Thousand. Naseema Didi donated the entire award money to 'Saahas' for rehabilitation of the disabled.

Dr. Naseema Hurzuk appointed President of TSF :

The Governing Board of The Spinal Foundation (TSF) of New Delhi appointed Dr. Naseema Hurzuk as President for a period of three years, from February 2022 to February 2025. For the last several years, The Spinal Foundation has been working for the welfare and overall rehabilitation of persons with spinal cord injury. This is a prestigious appointment for Dr. Naseema Hurzuk.

Homage to Mr. S. Vaidyanathan (Vaidy Sir)

We deeply mourn the loss of Shri S Vaidyanathan (Vaidy), Co-Founder of The Ganga Foundation, Chennai. He was instrumental in "Saahas" getting fifty wheel chairs from The Ganga Foundation. Vaidy was a Class of 1992 Alumnus of IIM Bangalore when he suffered a spinal injury and became a wheel chair bound paraplegic. Vaidy, after stints at The Hindu Group and Sundaram Finance devoted his life to rehabilitation of the disabled. He passed away in May 2021 after a brief illness.

Vaidy Sir was a visionary, an extraordinary human being who changed positively the lives of thousands of persons with spinal cord injury.

We pray Almighty to bless this noble soul. Amen.

Our sincere thanks :

We are extremely grateful to Shri Adgonda Patil Saheb, President Shriol Taluka Apang Punarvasan va Aarthik Sahayya Sanstha, Jaysingpur and its Managing Committee for allowing us the use of the building constructed by them. We are running 'Ankur' Rehabilitation Center from this building and providing rehabilitation services to a number of disabled persons.



Dr. Padmaraj Patil is an orthopaedic surgeon of Jaysingpur. At our request he operated upon our beneficiary Umesh Bobade for his pressure sores (bed sores). The surgery would normally cost Rs. 35,000 to Rs. 40,000. However, Dr. Padmaraj Patil did it for free. Dr. Padmaraj Patil is our advisor and he guides and treats our beneficiaries for free. We are very grateful to Dr. Padmaraj Patil.

Dr. Dhruv Mehta of Mumbai is an eminently qualified and experienced physiotherapist, having nearly 40 years of active experience. At our request he periodically visits 'Ankur' and guides the inmates and takes physiotherapy sessions. He also visits homes of disabled persons in the nearby Nandini and Jaysingpur and guides the disabled and their care givers on doing physiotherapy. We are very grateful to Dr. Dhruv Mehta.

We are grateful to Shri Sagar Ramesh Bhokare a hearing-impaired person from Satara. Shri Bhokare helps us in registering disabled persons who need assistance. He also helps us in purchasing and distributing aids and appliances to the disabled in Satara. He also helps the disabled in getting the pension for the disabled from the government departments.

We are also grateful to Dr. Muskan Nakade of Ratnagiri who provides medical advice, and guidance to the beneficiaries.

Our Grateful Thanks to all the medical practitioners and clinics, hospitals mentioned under "Our Medical Support" above. All these wonderful doctors have provided very valuable help by treating our beneficiaries free of cost or minimum charges to cover their consumable materials. Thank you all.

Address of 'Ankur':

Saahas Disability Research and Care Foundation, Kolhapur
'Ankur' Residential Vocational Training Center for Persons with Disabilities
Savkar Ganpati Mandir Road, Mangave Kode,
Nandni, Jaysingpur - 416012
Contact Persons:
Shri Sataram Patil - 9284893543
Smt. Madhutai Patil - 9405549871
Shri Sachin Pimpare - 9767974401

Please do read these comments from our beneficiaries:

We are giving below comments by a few of our beneficiaries. They have expressed how their quality of life improved substantially due to help from 'Saahas'. Comments have been translated from Marathi and briefly edited wherever required.

Name: Rajesh Pandharinath Barpate , Age 29 years
Address: At. Vitthal Wadi, P.O. Kamari, Tal: Valva, Dist: Sangli
'Saahas' Registration No: 230

I was admitted to 'Ankur' Center of 'Saahas' Foundation. In only one month the following changes took place while undergoing training at 'Ankur'.

I sit in wheelchair for six to seven hours and move the wheel chair on my own. I don't have to depend on my mother for feeding me. I can eat myself. I can get up from bed and transfer to wheel chair and vice versa on my own. I can move from one end of the house to the other. Now, I don't have to take laxatives to clean my stomach. I go to washroom and use the commode and not the bed pan that I used earlier. I can take bath on my own. I can wear my clothes without anyone's help. Now I know when I have to pass urine. Due to increased activity, I have lost some weight and feel hungry and eat well.

My body was sluggish due to lack of any movement. Since coming to 'Ankur', due to physiotherapy treatment, sensation is increasing in my waist, shoulders, knees, and spine.



Name: Ramchandra Balaji Waghmode , Age: 25 years.
At Post Bandagar Galli Devani, Taluka Devani Dist: Latur,
'Saahas' Registration No: 164

In 2019, I fell off a motor cycle and became a bed ridden paraplegic.

In November 2022 , I was admitted to the 'Ankur' Hostel of 'Saahas' Disability Research and Care Foundation for physical rehabilitation. I was given a wheel chair. I had never used a wheel chair before. After two months of physical rehabilitation training, I became self-sufficient and in January 2022 , I myself drove home. I am going to run my own business to become financially independent.





Name: Suryakant Mallinath Jamadar, Age: 40 years

Address: At/Po: Matki, Tal: Aaland, Dist: Kalburgi, Karnataka

'Saahas' Registration Number No: 114



I have been suffering from paraplegia for the last 15 years. I was getting information about 'Saahas' Disability Research and Care Foundation, Kolhapur and their work for rehabilitation of persons with disabilities. However, I could not visit their facility or meet anyone from the organization.

I worked in Sharan Sanstha in Mumbai for 12 years. After discharge I worked in Anupam Diapers in Mumbai. I had pressure sores. I did not have a wheelchair friendly home. The bed sores got better but I had nowhere to go.

Then I got in touch with 'Saahas' for admission to 'Ankur' and for treatment of my wounds. I had learnt that many people in Maharashtra have recovered from bed sores under the guidance of 'Saahas'. People with disabilities are always talking about this issue.

I was admitted to 'Ankur'. After arriving at 'Ankur', they gave me all the necessary materials for the bedsores and explained in detail how to take care of the bedsores. Also, I was guided by the organization for my addiction to tobacco, by giving various examples of how bad tobacco is, Hon. Naseema Didi, Madhu Tai Patil, Sataram Dada Patil, Sachin Dada Pimpure boosted my morale. I am trying my best to quit this addiction. For the last one week, I am feeling very good. From now on, I will earn the trust of all of you by working as honestly as I can for the organization. I am very grateful to all of you for making me a part of 'Saahas'

Name: Samiullah Khan Karamatullh Khan Pathan, Age: 34 years

At Post: Lakhad, Taluka: Anjangaon Surji, Dist: Amravati

'Saahas' Registration No: 244

On 21st February 2022 , I got a free wheelchair from 'Saahas' Disability Research and Care Foundation, Kolhapur. I am very thankful to all of you workers and the courageous team for what you have done for me. I am feeling a lot of happiness in my life. Now I don't have to crawl on the ground. All of your workers have given me a lot of support to start a new life. I have just started doing all the work sitting in the wheelchair and I no longer feel any problem in going out of the house. Now I am not feeling the slightest pain of being crippled. Now all the members of my house are very happy , because I myself do all the work in my house.



Name: Mahendra Motiram Patil, Age: 48 years
Address: At: Kandale, Post: Khondamali, Taluka / Dist: Nandurbar
'Saahas' Registration No: 189

I had an accident in 2008 in which I had a spinal cord injury. At that time, I did not know anything about paraplegia. In the meantime, I was treated at the hospital, but to no avail. The hospital treatment cost us a lot of money. My family was in severe debt. Our family members were mentally and financially exhausted. The doctors told me that I would have to use a wheelchair for the rest of my life. At that time the economic situation was so bad that it was difficult for us to get even a simple wheelchair. However, since it was essential, I had to buy a used wheelchair in 2008 which I used for the next 13 years. By 2020, the wheelchair was no longer usable.



Through a friend, I got in touch with Mr. Sachin Pimpare at 'Saahas' Foundation. I got a very good modern wheelchair from 'Saahas' Foundation. So now I can move around the house comfortably, and go to the bathroom without any help. I can do my personal work better with the help of the new wheelchair. In a few days, I'm going to construct a ramp under the guidance of 'Saahas' and get myself out of the house on my wheelchair.

I am very grateful to all of you for the help and support of the 'Saahas' Disability Research and Care Foundation for the positive changes that have taken place in my life.

Name: Swapnil Dnyaneshwar Dhanwate. Age: 36 years
Address: At Post: Puntamba, Taluka: Rahata, Dist: Ahmadnagar
'Saahas' Registration No: 194

First of all, I would like to thank Naseema Didi and the entire 'Saahas' team for launching the 'Saahas' Disability Research and Care Foundation, an organization working for the holistic rehabilitation of the disabled. This organization gives new life to people with disabilities like us. It gives new hope to live with dignity in the society. It makes the disabled people realize that they have the right to live like others. Also, 'Saahas' has made several informational videos for the disabled who are confined to four walls of their homes on how to do their daily chores, how to get safely from the bed to the wheelchair, how to get from the wheelchair to the commode seat, how to get the wheelchair in front of the house, how to construct a ramp, a commode toilet etc. Motivational talks are raising the spirits of many through such videos. For that I would like to thank everyone at 'Saahas' for their all-out efforts.



The free wheelchair I got from 'Saahas' has made a huge difference in my life. I was totally confined to bed for two to two and a half years. I got a good quality wheel chair from 'Saahas' Foundation. This has made everyone in my house very happy. My family is constantly saying that such institutions should be set up in several places so that all persons with disabilities can benefit from it. I will soon become self-reliant, if I get the same support from 'Saahas'. I will soon try to stand on my own two feet. Thank you so much again 'Saahas' and the entire 'Saahas' team.

Name: Swati Sadashiv Kate – Age 30 years

At Post / Tal / Dist: Latur – 413512

'Saahas' Registration No. 258

I was born a normal healthy girl. I studied till Class VI in a regular school. One day, while playing, I fell off a chair. I did not feel much pain at that time. After a few days, I started feeling pain in my neck and back. I also got high fever. The doctor gave me some injection, after which I lost sensation of urine and subsequently, all sensation below my waist. At that time, I was 11 years old. I had operation of my back and many other treatments, but to no avail. I was fully dependent on my mother for everything.

I was worrying all day. As long as my mother is there, she is taking care of me. What will happen to me after she passes away? This thought kept me depressed all the time.

Through a friend, I heard about 'Saahas' and 'Ankur' hostel. I decided to give it a try. I talked to Mr. Sachin Pimpure who gave me all the information and encouraged me to come to 'Ankur'. When I came to 'Ankur' I was very much pleased to see the ramp, the washroom, all the other facilities. I learnt everything in one week. I have changed a lot. 'Saahas' gave me a new good quality wheel chair. I felt like I have got wings. I could now move around the entire building without anyone's help. You can imagine the happiness of a girl who was bedridden for 20 years, fully dependent on her mother for everything and now who is moving around on her own.

I have learnt candle making and making shopping bags. For the first time, I have entered kitchen and slowly learning how to cook independently.

'Saahas' has changed my life beyond expectation. I am very grateful to Naseema Didi and everyone at 'Saahas'.





OUR KEY PERSONNEL :

Smt. Madhu Mahadev Patil :

Madhutai, as she is fondly called by everyone, has 23 years' experience in hostel management and cashew processing activities. Madhutai accompanies Dr. Naseema Hurzuk on her various fund-raising and other trips outside Kolhapur. Madhutai has played an important role in all the activities of 'Saahas' before and since its inception. At present, Madhutai manages 'Ankur' hostel looking after various functions of hostel management.



Shri Sachin Pimpare :

Sachin, a wheel chair bound paraplegic, has been associated with 'Saahas' even before its official registration in December 2020. Sachin was instrumental in making Whatsapp groups of the disabled persons from all over Maharashtra. Sachin has compiled useful data of all the disabled persons registered with 'Saahas'. Sachin is a great motivator and encourages the disabled to come to 'Ankur' for rehabilitation. Sachin meets visitors at 'Ankur' and gives them information about rehabilitation services being offered by 'Saahas' at 'Ankur'. He looks after correspondence, and even helps in dressing bed sores of inmates.



Shri Deepak Kamble :

Deepak joined 'Saahas' in March 2022 as a Social Worker. Deepak's work involves visiting villages and contacting the Gram Panchayats to find out about any disabled person who would need any rehabilitation service. Deepak also visits homes of the disabled personally to find out about their needs. Deepak helps in getting government documents like Aadhar Card, Disability Certificate, etc.





HOW YOU CAN HELP 'SAAHAS'

'Saahas' is a fledgling organization trying to provide relief and rehabilitation to Persons with Disabilities living in remotest villages of Maharashtra. With your support, 'Saahas' has done reasonably good work in the last 16 months since its inception in December 2020.

'Saahas' needs funds to provide much needed relief and rehabilitation services to the Persons with Disabilities and also to manage its administration, staff and other recurring expenditure.

We request you to donate in whatever way you can

By sponsoring a wheel chair	Rs. 10,500
By sponsoring a part of medical treatment of a PwD	Rs. 25,000
By sponsoring one day meal at 'Ankur' rehabilitation center	Rs. 3,000
By making a general donation	Any suitable amount

You can draw a cheque payable to 'Saahas Disability Research and Care Foundation, Kolhapur' and send it to our Registered Office, C/o. Mr. Aziz M.A. Hurzuk, 'Nasheman' 235/11 E, Tarabai Park, Kolhapur-416003.

Alternatively, you can make an online donation by directly depositing your donation in our following bank account:

Title of the Account	Saahas Disability Research and Care Foundation, Kolhapur
Name of Bank	Axis Bank
Name of Branch	Uchgaon Branch, Kolhapur- 416119
Account Number	SB A/c. 9220 1003 7384 720
IFSC Code	UTIB0003752

Please note that from the current financial year onwards, we have to upload on the income tax department portal, all the details of donation received during the financial year. While making a donation by cheque or by online transfer of funds, please provide your full name, residential address, PAN number (preferably a photograph of the PAN Card), and mobile number on **E-mail : patilsataram@gmail.com / or Whatsapp : 9423044498**. Thank You.

DONATIONS TO 'SAAHAS' ARE ELIGIBLE FOR INCOME TAX EXEMPTION U/Sec. 80G of IT Act 1961

WHAT WE GIVE FOR A GOOD CAUSE, COMES BACK TO US, INCREASED MANIFOLD



Society registered under The Society Registration Act. 1860 (xxi of 1860)
Reg. No. Kolhapur / 0000463 / 2020

Balance Sheet

For the year ending 31st March, 2022

FUNDS & LIABILITIES	AMOUNT (Rs.)	AMOUNT (Rs.)
I) Trust Funds or Corpus Funds :		1,75,000
a) Balance as per last Balance sheet	1,55,000	
b) Addition during the year	20,000	
c) Adjustment during the year	--	
ii) Other Earmarked Funds :		
a) Created under the provisions of the trust deed or scheme or out of the income :		
a) Balance as per last Balance sheet	4,00,000	14,00,000
b) Addition during the year	10,00,000	
c) Adjustment during the year	--	
b) Other Funds :		
a) Balance as per last Balance sheet	--	
b) Addition during the year	--	
c) Adjustment during the year	--	
c) Income & Expenditure Accounts :		5,31,206
a) Balance as per last Balance sheet	1,12,765	
b) Less-Appropriation, if any	-10,00,000	
c) Add-Surplus as per income & expenditure account	14,18,440	
iii) Loans :		
a) Secured :		
a) From Bank	--	
b) From Trustees	--	
c) From Others	--	
b) Unsecured :		
a) From Bank	--	
b) From Trustees	--	
c) From Others	--	
iv) Current Liabilities :		
a) Sundry credits :		14,121
a) Trade Creditors	--	
b) Expense Creditors	14,121	
b) Other current liabilities :		
Total Rs.		21,20,327

As per our report of event date
For Saahas Disability Research and Care Foundation, Kolhapur
Add : Nasheman, 235/11, 'E' Ward, Tarabai Park, Kolhapur-416 003.

For M/s. K. D. Patil & Company
Chartered Accounts
Firm Regd. No. 155012W

Dr. Naseema Hurzuk
President

Mr. Tej Ghatge
Secretary

Mr. Aziz Hurzuk
Treasurer

CA Krushnat D. Patil
Proprietor
Membership No. 603088
UDIN-22603088AMZZPA4604
Place : Kolhapur
Date 01 st July, 2022



Society registered under The Society Registration Act. 1860 (xxi of 1860)
Reg. No. Kolhapur / 0000463 / 2020

Balance Sheet

For the year ending 31st March, 2022

ASSETS	AMOUNT (Rs.)	AMOUNT (Rs.)
I) Fixed Assets :		
a) Immovable Property :		–
a) Balance as per last Balance sheet		
b) Add-Addition during the year		
c) Less-Adjustment during the year		
d) Less-Accumulated depreciation		
b) Other Fixed Assets :		3,27,626
a) Balance as per last Balance sheet	39,917	
b) Add-Addition during the year	3,45,220	
c) Less-Adjustment during the year	–	
d) Less-Accumulated depreciation	57,511	
ii) Investments :		
a) FD with Bank :		16,00,000
a) Balance as per last Balance sheet	1,50,990	
b) Addition during the year	17,00,000	
c) Adjustment during the year	2,50,990	
b) Other Investments :		
a) Balance as per last Balance sheet	–	
b) Addition during the year	–	
c) Adjustment during the year	--	
iii) Current Assets :		1,92,701
a) Advances	5,947	
b) Accrued interest on Bank Deposits	48,908	
c) Deposits	–	
- With Bank	–	
- With Others	–	
d) Sundry Debtors	–	
e) Inventory	25,491	
f) Balance with Bank	1,05,839	
g) Cash in Hand	6,516	
Total Rs.		21,20,327

As per our report of even date
For Saahas Disability Research and Care Foundation, Kolhapur
Add : Nasheman, 235/11, 'E' Ward, Tarabai Park, Kolhapur-416 003.

For M/s. K. D. Patil & Company
Chartered Accounts
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Dr. Naseema Hurzuk
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Mr. Aziz Hurzuk
Treasurer

CA Krushnat D. Patil
Proprietor
Membership No. 603088
UDIN-22603088AMZZPA4604
Place : Kolhapur
Date 01 st July, 2022



Society registered under The Society Registration Act. 1860 (xxi of 1860)
Reg. No. Kolhapur / 0000463 / 2020

Income & Expenditure Account
For the year ending 31st March, 2022

INCOME	AMOUNT (Rs.)	AMOUNT (Rs.)
By Interest		54,869
Accrued :		
On Bank SB Account	—	
On Bank FD Account	54,869	
Realised :		14,964
On Bank SB Account	7,164	
On Bank FD Account	7,800	
By Dividend		—
By Government Grant		—
By Donation in Cash or Kind		40,51,701
By Any Other Income		834
a) Income from Sale of Candles, Books etc.	834	
b) Income from Vocational Training	—	
c) Interest on IT Refund	—	
d) Miscellaneous Income	—	
By Deficit carried over to Balance Sheet		—
Total Rs.		41,22,368

As per our report of even date

For Saahas Disability Research and Care Foundation, Kolhapur

Add : Nasheman, 235/11, 'E' Ward, Tarabai Park, Kolhapur-416 003.

For M/s. K. D. Patil & Company

Chartered Accounts

Firm Regd. No. 155012W

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Mr. Aziz Hurzuk
Treasurer

CA Krushnat D. Patil
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UDIN-22603088AMZZPA4604
Place : Kolhapur
Date 01 st July, 2022



Society registered under The Society Registration Act. 1860 (xxi of 1860)
Reg. No. Kolhapur / 0000463 / 2020

Income & Expenditure Account
For the year ending 31st March, 2022

EXPENDITURES	AMOUNT (Rs.)	AMOUNT (Rs.)
To Expenditures in Respect of Properties :		—
a) Rates, Taxes, Cesses	—	
b) Repairs and Maintainance	—	
c) Salaries	—	
d) Insurance	—	
e) Depreciation (By way of provision of adjustments)	—	
f) Other expenses	—	
To Administrative Expenses / Establishment Expenses		4,53,390
To Remuneration to Trustees		2,40,000
To Legal Expenses		—
To Audit Fees		15,000
To Contribution and Fees		—
To Amount written off :		—
a) Bad Debt	—	
b) Loan Scholarship	—	
c) Irrecoverable Rents	—	
d) Other Items	—	
To Miscellaneous Expenses		
To Depreciation		—
To Amount Transferred to Reserve or Specific Funds		—
To Expenditure on Object of the Trust		19,95,538
a) Religious	—	
b) Relief of Poverty	—	
c) Educational	43,122	
d) Medical relief	12,99,848	
e) Other Charitable Objects.	6,52,568	
To Surplus carried over to Balance Sheet		14,18,440
Total Rs.		41,22,368

Notes :-

- 1) The trust has met establishment expenses out of grant / donation received for general charitable purpose.
- 2) Contributions / Donations are recognised entirely in the Statement of Income and Expenditure on receipt basis whereas expenditure & Interest income is recognised on accrual basis.

As per our report of even date

For Saahas Disability Research and Care Foundation, Kolhapur
Add : Nasheman, 235/11, 'E' Ward, Tarabai Park, Kolhapur-416 003.

For M/s. K. D. Patil & Company
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Proprietor
Membership No. 603088
UDIN-22603088AMZZPA4604
Place : Kolhapur
Date 01 st July, 2022



DONATIONS OF Rs. 5,000 AND ABOVE RECEIVED TILL 31 March 2022

DONOR'S NAME	Amount (Rs.)	DONOR'S NAME	Amount (Rs.)
Mrs. Kalyani Anand Bhagwat	100000	Mr. Dinesh Patil	10000
Mrs. Almitra Hoshang Patel	300000	Mr. Nawaz Jamaluddin Shaikh	10000
Mr. Ramesh Kacholia	125000	Mr. Saif Rafiq Mulla	10000
M/s. Janeev Trust, Mumbai	101000	Mr. Rishi Ramesh	10000
Mrs. Sapna Vivek Kele	100500	Miss Mohasin	10000
Mrs. Bineeta Foria	101000	Mr. Zuber Gadwale	10000
Hasan Mushrif Foundation	100000	Mrs. Indira Manuel Almeida	10000
Late Shree Mahadeo Vithal Samant		M/s. Shree Kulswamini Mata Charitable Trust	10000
Charitable Trust	100000	Mr. Sagar R. Nikam	10000
Mr. Ashok Annasaheb Pawar	100000	Mr. Rajendra Namdeorao Dhamal	10000
Dr. Mohanrao S. Gune	100000	Mrs. Madhavi Rajendra Dhamal	10000
Mr. Chandrakantdada Patil		Dr. D.B. Khanolkar's Charitable Trust	10000
(Thru public contribution)	100000	Mr. Sultan Qumar Qazi	10000
Dr. Moinuddin Mokhashi	50000	Mr. Ashok Annaseb Pawar	10000
Mrs. Meeta Riten Pradhan	50000	Mr. Vijaykumar Katre	10000
Capt. Naushadali Patankar	50000	Mr. Krishnat D. Patil	7500
Mr. Vasim Aziz Hurzuk	50000	Mr. Vasim Aziz Hurzuk	7500
Mrs. Rehana E.R. Khan	40000	Mrs. Rehana E.R. Khan & Family	7000
Mrs. Bharati Mukesh Dalal	30000	Mr. Manish Pal	7000
Dr. Naseema M.A. Hurzuk	30000	Sudarshan Subbarao Satsangha Group, Chennai	6600
Dr. Anagha Sanjay Kinare	25000	Ms. Tanvi R. Shah	6540
Mrs. Neela Pradip Pandit	25000	Mr. Bharat Unadkat	6539
Mr. Shriprakash Shripad Joshi	25000	Mr. Suresh S. Shirodkar	6000
Mrs. Shripriya Shriprakash Joshi	25000	Mr. Saffar M. Shaikh & Family	5500
Mrs. Nandita Rao	25000	Mr. Alind Bhatnagar	5100
Mr. Vikramsinh H. Bhonsale	25000	Mr. Danish Aziz Hurzuk	5000
Mrs. Neeta Sudheer Anaokar	25000	Mr. Syed Zihan Ahmed	5000
Mr. Naushadali Z. Patankar	25000	Mr. K.A. Rahaman	5000
Dr. Vasanti Vinayak Masurekar	25000	Mr. Azim Mohidin	5000
Dr. Subhash Madhukar Athale	22000	Mr. Vishwesh Shekhar Bhende	5000
Mrs. Neela Chandorkar	21000	Mrs. Rashmi Prakash Urade	5000
M/s. Vision Prakashan	21000	Mrs. Manjula Ratilal Mehta	5000
Mr. Shakeel Ahmed Zahiruddin Mohammed	20000	Mr. Nitesh Ravindra Dalavi	5000
Mrs. Shaima Aftab Desai	20000	Mr. Farooq Kazi & Family	5000
Mr. M.A. Shaikh (Nazirbhai)	20000	Mrs. Shahnaz Mohammed Yusuf Hurzuk	5000
Mrs. Neela Pramod Sohoni	20000	Mrs. Nahid M. Mokhashi	5000
Mr. Prabhakar Puntambekar	20000	Mrs. Neeta Sudheer Anaokar	5000
Mr. Mashood Shakoor	20000	Mr. Mihir Rajendra Dhamal	5000
M/s/ E.S. Venkataraman Trust	15000	Mrs. Gauri Subhash Bhonsle	5000
M/s. Swecha Sewa	15000	Dr. Suresh Patil	5000
Mr. Rajaram Abha Kumbhar	13600	Mr. Chandrakant Dattaraya	5000
Mrs. Zenobia A. Geadah	13500	Mrs. Kulsum Lookmanji	5000
Ms. Shahzeen Z. Attari	13500	Mr. Usman Shabbir Bandar	5000
Mr. Shakeel A.R. Hetavkar	11800		
Mrs. Shahnaz Asif Sayed	10500		
Mr. Hamid Isaq Modak & Family	10500		
Mr. Rizwan Faiz Desai	10000		
Mr. Mubin Parkar	10000		

We are grateful to each and everyone of our donors. However, due to constraint of space, we are not including names of donors who have donated less than Rs. 5000/-

THANK YOU ALL



'Ankur' Rehabilitation Center at Nandni, Jaisingpur



Happy trio at 'Ankur' Rehab Center

◆ **Candle making Vocational Training at 'Ankur'** ◆



Learning is fun



Group activity



Pouring wax in moulds



Instructor at work



Finishing and packing the candles



Marketing the candles

◆ **Vocational Training in Tailoring, Cooking & Office Management** ◆



Learning stitching at Ankur



Learning cooking for the first time



Learning office work

◆ Physiotherapy at 'ANKUR' ◆



Dr. Dhruv Mehta taking physiotherapy in 'Ankur' and at the home of a paraplegic



Madhutai Patil receiving 'Mamata Puraskar' on behalf of Naseema Didi



A few inmates of 'Ankur' with Naseema Didi



Visit to Airoli center of Paraplegic Foundation



Meeting disabled beneficiaries at Murbad.



A worn out wheel chair replaced with a new wheel chair



Taking patients with bed sores for admission to a hospital in Mumbai



Giving guidance at a function for the disabled organized by 'Prahar' at Murbad